

2011 GROCERY AVAILABILITY - WEST



UPC	PRODUCT	SIZE	Askews (Armstrong, Salmon Arm, Sicamous)	Buy Low/ Associated Grocers	Choices (Vancouver Kelowna)	Costco	Federated Coop/ Calgary Coop	HY Louie IGA	Island Indy Cntry Grocer, Food Cntry	Jace Thrifty	Calg/Wpg Elite/Norget Sobeys IGA	MacDonalds Safeway	Quality Foods Caseco - Island	Overwaitea SaveOn Price Smart	Sobeys W. IGA	T & T (Lower Mainland)	Wal-Mart	Western Grocers, Extra Fd, RCSS, Loblaws	Wilsons Fairways (Island)
01021	Whole Grain W.W. Flour	2.5kg		X	X	<b>20 KG</b>		X	X	X		X	X	X		X			X
01022	Bread Flour W/W	2.5kg		X	X	<i>WW Coarse</i>		X	X	X		X	X	X		X			X
02021	No Additive All Purpose	2.5kg		X	X	<i>Big White</i>		X	X	X		X	X	X		X			X
02022	Bread Flour White	2.5kg		X	X	<i>Silver Star</i>		X	X	X		X	X	X					X
03021	Rye Flour	2.5kg		X	X	<i>Star Patent</i>	X	X	X	X		X	X	X				X	X
01041	Whole Grain W.W. Flour	10kg	X	X				X	X	X		X	X	X					X
02051	No Additive All Purpose	10kg	X	X				X	X	X		X	X	X		X			X
02155	Bread Flour White	10kg	X	X				X	X			X	X			X			X
10230	All Purpose Flour	10kg	X	X		X		X	X	X			X	X					X
17031	Roti Flour	10kg		X										X					
02411	Granola w/Hazelnuts	750g	X	X	X		X	X	X	X	C/W		X	X			X		X
02421	Granola W/Raisins	750g	X	X	X		X	X	X	X	C/W		X	X			X		X
02461	Granola w/LF Raspberry	700g	X	X	X		X	X	X	X	C/W	X	X	X					X
02471	Granola w/Lo Fat Maple	700g	X	X	X		X	X	X	X	C/W	X	X						X
02611	Gm. Cran/Almd Supreme	700g	X	X	X			X	X	X	C/W	X	X						X
02621	Gm. Almond Supreme	700g	X	X	X		X	X	X	X	C		X						X
02228	9 Grain	750g		X	X		X	X	X	X	C/W		X	X					X
02340	Oat Bran	12/500g		X	X		X	X	X	X	C	X	X	X					X
11011	Natural Bran	454g		X	X		X	X	X	X			X	X	X		X		X
12011	Wheat Germ	454g		X	X			X	X		W	X	X	X	X				X
13011	Porridge Oats	1.35kg	X	X	X		X	X	X	X		X	X	X	X	X	X		X
43621	Large Flake Oats	1.35kg	X	X	X		X	X	X	X			X	X	X	X			X

2011 GROCERY AVAILABILITY - EAST

UPC	PRODUCT	SIZE	Farah Impex	Highland Farms (Toronto, Mississauga)	Honest Eds	Iqbal Foods (N. York Toronto)	Longo Bros (Toronto, Miss, & more.)	Lumsden / Sobeys	Metro/ (Formerly A & P)	Sobeys IGA	Wal Mart
01021	Whole Grain W.W. Flour	2.5kg		X							
01022	Bread Flour W/W	2.5kg		X							
02021	No Additive All Purpose	2.5kg		X							
02022	Bread Flour White	2.5kg		X							
03021	Rye Flour	2.5kg		X							
01041	Whole Grain W.W. Flour	10kg		X							
02051	No Additive All Purpose	10kg		X							
02155	Bread Flour White	10kg									
10230	All Purpose Flour	10kg									
17031	Roti Flour	10kg	X	X		X					
02411	Granola w/Hazelnuts	750g		X		X	X		X	X	
02421	Granola W/Raisins	750g		X		X	X		X	X	
02461	Granola w/LF Raspberry	700g		X							
02471	Granola w/ Lo Fat Maple	700g		X							
02611	Gm. Cran/Almd Supreme	700g		X							
02621	Gm. Almond Supreme	700g		X							
02228	9 Grain	750g		X							
02340	Oat Bran	12/500g		X							
11011	Natural Bran	454g		X		X	X	X	X	X	
12011	Wheat Germ	454g		X		X	X	X	X	X	
13011	Porridge Oats	1.35kg		X		X	X	X	X	X	
43621	Large Flake Oats	1.35kg		X							