

# October Sales

	<b>Regular</b>	<b>Sale</b>
Almonds Slivered, blanched/100g	\$22.50	<b>\$13.50/kg</b>
Coconut Flour	\$5.25	<b>\$2.50/kg</b>
Sunflower Seeds, rst, no salt	\$7.50	<b>\$3.00/kg</b>
Croutons, 3bread, Caesar/250g bag	\$2.45	<b>\$1.00/ea</b>
Almonds, whole rst/salted	\$22.00	<b>\$13.50/kg</b>
Hazelnuts	\$23.25	<b>\$14.50/kg</b>
Macadamia/250g bag	\$12.50	<b>\$6.25/ea</b>
Pecans	\$30.00	<b>\$22.50/kg</b>
Peanuts, BBQ or Redskins	\$6.25	<b>\$4.00/kg + tx</b>
Pine Nuts/100g bag	\$5.75	<b>\$2.40/ea</b>
Pistachios, raw/200g bag	\$8.25	<b>\$4.00/ea</b>
Tamari Almonds	\$25.40	<b>\$17.50/kg + tx</b>
Seedy Mix	\$11.00	<b>\$6.90/kg</b>

# More October Sales

## *40% Off!*

**Regular**

**Sale**

Chocolate Macaroons, milk or dark	\$4.50/pkg.	\$3.15/pkg + tx
Yogurt Peanuts	\$9.40/kg	\$4.00/kg + tx
Yogurt Pretzels & Cranberries	\$19.75/kg	\$10.00/kg +tx
Chocolate Raisins & Peanuts	14.75/kg	\$7.95/kg + tx
Chocolate Almonds, milk or dark	16.50/kg	\$10.00/kg + tx
Chocolate Coffee Beans & Cranberries	\$22.50/kg	\$12.60/kg + tx
Chocolate Malt Balls & Banana Chips	\$18.95/kg	\$10.00/kg + tx
Chocolate Mint Wafers	\$19.50/kg	\$10.50/kg + tx

### Trail Mixes

Mountain Man, All Fruit or Sweet & Salty	\$10.50/kg	\$5.80/kg + tx
Bits & Bites or Louisiana Mix	\$15.50/kg	\$8.75/kg + tx
Sesame Sticks, Rice Crackers or Corn Nuts	\$11.75/kg	\$6.95/kg + tx